



## Comper Foundation Stage School

# Handwashing Policy

## 2023- 2026

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## Handwashing Policy

### Policy statement

Hand washing is very important for both the children and staff at Comper Nursery. Hand washing is the single most important measure for preventing the transmission of infection.

### Aim

To support staff and children to know when to wash their hands and how to do it most effectively to reduce the spread of infection.

### Procedures

- The staff wash their hands before handling food, after using the toilet, after changing a nappy and when coming in from the garden.
- The children wash their hands before snack and lunch.
- The children will wash their hands after using the toilet.
- The children wash their hands when they come in from the garden.
- The children wash their hands after messy play.
- The staff will support the children, to ensure the children wash their hands thoroughly.

### Technique

- Wet hands with water
- Apply enough soap to cover your hand
- Rub your hands together
- Use one hand to rub the back of the other hand and clean in between fingers. Do the same on the other hand
- Rub the back of your fingers against your palm, do the same with the other hand
- Rub your thumb using the other hand, do the same with the other thumb
- Rub the tips of your fingers on the palm of your hand. Do the same with the other hand
- Rinse your hands with water
- Dry your hands completely with a disposable towel <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

### Other useful publications

- <https://www.dettol.co.uk/expert-advice/personal-health-hygiene/teaching-children-about-hygiene-can-be-fun/>
- <https://www.cdc.gov/handwashing/when-how-handwashing.html>