

What is the aim of Healthy Smiles?

To support and enable services working with children to adopt tooth-friendly practices.

Who can take part in Healthy Smiles?

The local authority commissions our oral health promotion team to deliver the programme to early years settings in targeted areas.

- Nurseries
- Preschools
- Children's Centres
- Special schools

"We have created healthier environments by changing our celebrations and snacks"

Celebrations – "cake is either had at lunchtime or goes home at the end of the day"

"Staff have changed their snacking habits"

"The training was useful and very interesting – some good activity ideas for the setting"

What does the accreditation involve?

There are 5 standards around oral health, including:

- Promoting local dentist information and registration
- Providing tooth friendly snacks
- How the setting celebrates birthdays and other celebrations encouraging families to bring in tooth friendly items instead of sweets and cake
- Staff receive annual Healthy Smiles training
- Supervised toothbrushing



Supervised toothbrushing

- Support and training from the team for the start up of the tooth brushing programme
- In depth training for cross infection control and guidelines given.
- Ongoing support visit after 1 month

Improving Oral Health in Ever More Communities

Find out more...

If you are interested in taking part in the Healthy Smiles programme then contact the team.

Oral Health Improvement Team
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Our Values...

-  **D**elivering - Excellence
-  **E**ngaging - Everyone
-  **N**urturing - Each other
-  **T**rusted - To do the right thing
-  **A**ccountable - Always
-  **L**eading - and Learning

Contact us

If you would like to speak to someone about any aspect of our dental service please contact:

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A public health programme creating tooth friendly environments in early years settings in Luton

www.communitydentalservices.co.uk

